



Kelt'aeni Newsletter

April/May 2010
Volume 10, Issue 2

Community Health Aide Program



- Well Child Check Ups
- WIC Certification
- Immunizations
- Prenatal Care
- Chronic Care
- Blood Pressure Checks
- Heart Monitoring
- Medication Assistance
- Physical Exams
- Blood Draws (with Provider Order)

The Community Health Aide (CHA) Program was developed 60 years ago to help address health concerns in rural communities throughout Alaska. The village based CHA/P's are able to provide a wide variety of services five days per week and on an emergency basis around the clock for our beneficiaries. Our CHA's have extensive training through ANTHC and use a Community Health Aide/Practitioner Manual to provide medical services in their home communities. They collaborate with ANTCH Physicians and our local Nurse Practitioner on a case by case basis. Your local CHA is there to help you with all your health care needs, please call them with any questions that you have.

Chistochina Clinic: 907-822-3280

Mentasta Clinic: 907-291-2320

New Health Forms

MSTC recently revised all the clinic forms. Please take the time to stop in the clinic and update your files. MSTC is able to bill Medicaid, Medicare and Health Insurance to help pay for future improvements to our clinics in Chistochina and Mentasta.

You can assist us by enrolling in Denali Kid Care for your children if you are eligible and by providing the CHA's with your health coverage information at each visit. The Community Health Aide's are available to assist patients with Denali Kid Care, Medicaid, and Health Insurance Forms. If you need to recertify, the CHA's can assist by faxing or mailing forms for you.



http://www.hss.state.ak.us/dhcs/DenaliKidCare/application_dkc.htm



“With Honor, Dignity, and Respect, empowering our people by enhancing our traditional values to ensure a healthier and more positive future for our children.”

In the Spotlight



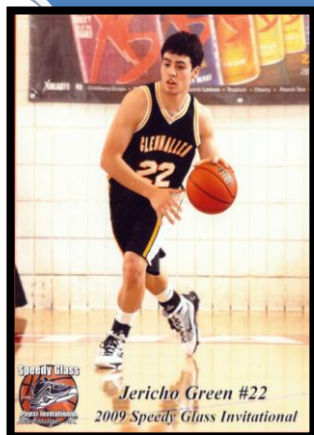
"It is wonderful to have our children stay out of trouble and keep themselves busy, learning how to work together because that is part of our value system. We support these young folks for all their hard work and dedication to their sport and also their families for supporting them."

Coleen Charley is 13 years old and is a 7th grader who had attended Glennallen School in the past and is now being home schooled. Coleen has been racing and mushing dogs since she was 2 years old. She is very involved in the day to day care and training of the dogs. She helps her dad on running and training the dogs and has done extremely well this year racing. She has come in 2nd in the five dog class at the World Championship in Anchorage, 3rd in the four dog class at Chistochina Fun Days and 1st in the six dog class at the Granddaddy of all races, the Jr. North American Fairbanks.



Kaelyn Charley is 10 years old and is in 5th grade attending Chistochina School. She is also involved in dog mushing along with her sister Coleen. Kaelyn has raced in Anchorage at the World Championship in the three dog class and came in 6th place. She ran in Chistochina Fun Days in the four dog class and came in 3rd. She also ran in the three dog class at the Jr. North American and was leading both days in first place then she had a disaster and fell off her sled and lost the dog team and the trail guard stopped her team. Kaelyn caught up with her team and ended up in 2nd place. She loves to race and it doesn't matter to her if she comes in first or last, she just loves being with the dogs and being outdoors.

Bjorn Beeter is 10 years old and attends Chistochina School. He is a hockey player for Glennallen Elementary where he is the goalie for the Squirts Class. Bjorn has done very well and had a game where he had 24 saves. He practices 3 times a week and his Grandpa Jim Beeter faithfully takes him on the two hour journey to and from Glennallen for his practice. Hockey takes allot of dedication, practice is an hour per night plus games in Tok, Delta, Kenny Lake, Wasilla and Glennallen. Bjorn thanks all of his family for their support and for coming to the games and watching. He is in his second year of hockey and really loves it. He also enjoys dog racing, though hockey is his priority and he dedicates a lot of time to it.



Jericho Justin Green, son of Ramona Justin, is 17 years old and a junior at Glennallen High School. He has been an active player on the Glennallen Basketball Team for the past three years. He was proud to be on the Glennallen Varsity Team when they went to state for the first time in 40 years. During their participation in the State tournament he was given the Sportsman Award. He was also named player of the game versus Cordova this season. Jericho always has a smile on his face and loves to share his great sense of humor. He and his friends are proud to uphold the tradition of honor among friends.



MSTC Administration

Evelyn Beeter, President/CEO

MSTC is continually focused on providing new, improving and expanding our programs for our villages. There are several ongoing projects that our staff is focused on included the development of Policies for a new Emergency Fund, the Development of a Prevention Program for Chistochina and Mentasta and the redesign of MSTC's Hiring Procedures. The new three year Aging in Place grant is a large addition to the MSTC Program roster and is a primary focus for our organization. MSTC staff is also working on ensuring that all staff members are adhering to their individual grant and or program objectives. We are currently focusing on improving communications within the MSTC organization as well as with our villages. If you have suggestions or questions regarding MSTC activities please contact our office.

I also attend and serve on the Alaska Native Medical Center-Joint Operating Board. If you ever have questions, concerns or issues with your health services at ANMC, please let me know. All issues need to be in writing or at least provide me with specific information such as date, time, provider (doctor, nurse, etc..) that were involved so that the ANMC Administration can deal with the issue at hand.



Aging in Place

Mount Sanford Tribal Consortium has been awarded an Aging in Place Grant for the Elders in Chistochina and Mentasta. This is a continuation of the Elder Care Grant. The program's purpose is to help all Elders in both villages.

The goal is to develop a cost effective, village based model that enables Elders to remain in their homes during the later years of their lives. The program objective is to document the development of the program to serve as a model in other villages in Alaska.

The expected outcome is that the documentation of the project will provide a model, information and assistance for other Tribes in developing village based programs.

The program is in the beginning stages and we are all looking forward to working together and helping all Elders in both villages. If you have any questions, please feel free to contact the Program Director.

Jessica Denny

Telephone: 907-822-5399 Ext: 57

E-mail: jld@mstc.org

"...Elders are accorded a central role as the primary source of cultural knowledge. It should be understood that the identification of "Elders" as culture-bearers is not simply a matter of chronological age, but a function of the respect accorded to individuals in our communities who exemplify the values and life ways of our local culture and who possess the wisdom and willingness to pass their knowledge on to future generations."



Indian Health Care Improvement Act (IHCIA)

Wilson Justin, Vice President

Last week a historic event occurred in the halls of Congress. H.R. 3590, otherwise known as the Patient Protection and Affordable Care Act was passed into law. Welded into H.R. 3590 was S.1790 otherwise known as the Indian Health Care Improvement Act, (IHCIA). The IHCIA was sunset in 1996 I believe, and has been waiting for Congressional Action ever since. Many health professionals, attorneys and consultants were convinced that the abortion controversy tied to H.R 3590, as well as other controversial issues would continue to hold IHCIA hostage far into the future. However, here we are with IHCIA finally in our hands.

From here on out H.R. 3590 will be referred to in all literature as either The Patient Protection and Affordable Care Act, or Public Law 111-148 enacted March 23, 2010. PL 111-148 in itself stands as a mountain of law. It runs for 2 thousand pages or more. (The exact number last I heard was about 2,400 legislative pages.) So far I have spoken to only one other person who is interested in actually acquiring PL 111-148 in its entirety and that was the legal counsel for Southeast Alaska Regional Health Consortium. Our own legal counsel, Hobbs Straus Dean and Walker began mailing out analysis, highlights and section by section breakdowns of PL 111-148 within days of the passage of the legislation. The list of pertinent language is extensive but here are a few that is of interest to MSTC.

- **Community Health Aide Program-** Continues the authority for operation of the Community Health Aide Program in Alaska. Allows Tribes or Tribal Entities the option of using Dental Health Aide Therapist when such service is authorized.
- Provides training and support for Community Health Representatives (CHRs)
- Diabetes Prevention, Treatment and Control- Permits funding of dialysis programs, authorizes Diabetes Control Officers in each area office (IHS).
- **Third Party Revenues-** Allows Tribes and Tribal Organizations who operate their own programs to recover costs from third parties who do not reimburse for services provided.
- **Patient Travel Costs-** Continues the authority for funds to be used for travel costs of patients using or receiving contract/compact health care from IHS. In addition authorizes funds to be used for qualified escorts and transportation by private vehicle, ambulance, or other means when no other means is available.
- **Mobile Health Stations Demonstration Program-** Requires IHS to establish a demonstration program of two or more service units to purchase mobile health stations for specialty care services such as dentistry, mammography and dialysis.
- Updates current law to allow for collection of reimbursements from Medicare, Medicaid and CHIP in Indian health facilities.
- Authorizes the establishment of a program for acute detoxification and treatment of Indian youth including behavioral health services and family involvement.
- Authorizes a demonstration grant program through the Substance Abuse and Mental Health Services Administration (SAMSHA) to provide grants to Tribes and Tribal Organizations to provide cultural compatible, school based suicide prevention curriculum to strengthen Native American teen life skills.



SCHOLARSHIP OPPORTUNITIES

Sequoyah Scholarship

Program URL: <http://www.indian-affairs.org/scholarships/sequoyah.htm>

SYNOPSIS: Scholarships for American Indian and Alaskan Native students in the amount of \$1,500.

Deadline(s): 06/18/2010

David Risling Emergency Aid Scholarships

Program URL: http://www.indian-affairs.org/scholarships/emergency_aid.htm

SYNOPSIS: Scholarships for full time American Indian and Alaskan Native students in amounts ranging from \$100-\$400 for acute, temporary emergencies.

Deadline: These scholarships are awarded throughout the year.

Florence Young Memorial Scholarship

Program URL: http://www.indian-affairs.org/scholarships/florence_young.htm

SYNOPSIS: One award in the amount of \$1,500 to a student pursuing a Masters in art, public health or law.

Deadline(s): The sponsor will be accepting application packages for the 2009-2010 school year from April 5, 2010 through June 18, 2010.

Allogan Slagle Memorial Scholarships

Program URL: http://www.indian-affairs.org/scholarships/allogan_slagle.htm

SYNOPSIS: Scholarships in the amount of \$1,500 to students who are members of tribes that are not recognized by the federal government.

Deadline(s): 06/18/2010 Scholarship applications for the 2010-2011 school year will be accepted between April 5 and June 18, 2010 only.

Emilie Hesemeyer Memorial Scholarships

Program URL: http://www.indian-affairs.org/scholarships/emilie_hesemeyer.htm

SYNOPSIS: Scholarships in the amount of \$1,500 with a preference given, but not limited to, students pursuing a Major in education.

Deadline(s): 06/18/2010 Applications for the 2010-2011 school year will be accepted between April 5 and June 18, 2010.

Elizabeth and Sherman Asche Memorial Scholarships

Program URL: http://www.indian-affairs.org/scholarships/elizabeth_asche.htm

SYNOPSIS: Scholarships in the amount of \$1,500 each to graduate and undergraduate students pursuing a degree in public health or science.

Deadline(s): 06/18/2010 Scholarship applications for the 2010-2011 school year will be accepted between April 5 and June 18, 2010 only.

2010 Copper River Stewardship Program

This 10-day program takes up to 10 youth on an in-depth exploration of the Copper River watershed. This year the program will include a 4 day raft trip on the Gulkana River, as well as other exciting explorations in the Copper Basin and the Copper River Delta outside of Cordova.

There is a \$250 participant fee for this program, and scholarships are available. Contact the MSTC Office for an Application

Deadline: 4/26/2010



April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPRING CLEANING MONTH FOR ELDERS						
4 Easter Sunday	5 ROAR Annual Meeting 5PM	6 Afterschool Chistochina 3PM HMI Mentasta Church Mentasta	7 Mentasta Lodge Lunch HMI Chistochina 5PM Mentasta Church	8 HMI Mentasta 5pm HMI Tok EPA Mentasta	9 Flea Market Tazlina Hall 11-6	10 Flea Market Tazlina Hall 10-5
11	12 Staff Meeting 9AM Sandy Mentasta Mentasta Lodge Lunch HMI Chistochina 5PM	13 Afterschool Chistochina 3PM HMI Mentasta Church Mentasta	14 Mentasta Lodge Lunch HMI Chistochina 5PM Mentasta Church	15 EPA Mentasta HMI Mentasta 5PM	16 School Lunch Chistochina Mentasta Lodge Lunch	17 Appropriate Village Entity 10-4 Tazlina
18 CRBCAC Fundraiser Kentucky Derby	19 HMI Chistochina 5PM Sandy Mentasta Mentasta Lodge Lunch	20 Afterschool Chistochina 3PM HMI Mentasta Church Mentasta	21 Mentasta Lodge Lunch HMI Chistochina 5PM Mentasta Church	22 EPA Mentasta HMI Mentasta 5PM	23 Mentasta Annual Meeting	24
25	26 Alaska Rural Energy Conference HMI Chistochina 5PM Sandy Mentasta Mentasta Lodge Lunch	27 Emergency Workshop Chitina Alaska Rural Energy Conference	28 Emergency Workshop Chitina Alaska Rural Energy Conference	29 Alaska Rural Energy Conference	30 Ahtna Elders & Youth Conference 9:30-2:30 Kluti-Kaah Hall	



May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 2010 Self Governance Conference	4 2010 Self Governance Conference Afterschool Chistochina 3PM HMI Mentasta	5 2010 Self Governance Conference	6 2010 Self Governance Conference EPA Mentasta HMI Mentasta 5PM	7 School Lunch Chistochina Mentasta Lodge Lunch	8 CLEAN UP DAY
9 HMI Chistochina 5PM Sandy Mentasta Mentasta Lodge Lunch	10 HMI Chistochina 5PM Sandy Mentasta Mentasta Lodge Lunch	11 Afterschool Chistochina 3PM HMI Mentasta Church Mentasta	12 Mentasta Lodge Lunch HMI Chistochina 5PM Mentasta Church	13 Staff Meeting EPA Mentasta HMI Mentasta 5PM	14 School Lunch Chistochina Mentasta Lodge Lunch	15
16 HMI Chistochina 5PM Sandy Mentasta Mentasta Lodge Lunch	17 HMI Chistochina 5PM Sandy Mentasta Mentasta Lodge Lunch	18 Afterschool Chistochina 3PM HMI Mentasta Church Mentasta	19 Mentasta Lodge Lunch HMI Chistochina 5PM Mentasta Church	20 EPA Mentasta HMI Mentasta 5PM	21 School Lunch Chistochina Mentasta Lodge Lunch	22
23 HMI Chistochina 5PM Sandy Mentasta Mentasta Lodge Lunch	24 HMI Chistochina 5PM Sandy Mentasta Mentasta Lodge Lunch	25 Afterschool Chistochina 3PM HMI Mentasta Church Mentasta	26 Mentasta Lodge Lunch HMI Chistochina 5PM Mentasta Church	27 EPA Mentasta HMI Mentasta 5PM	28 School Lunch Chistochina Mentasta Lodge Lunch	29
30	31 Memorial Day					



GREENHOUSE GETS GOING!

By Jim Sharpe, Environmental Coordinator

The Greenhouse project is gearing up for its first season of use. The majority of the supplies for the greenhouse were purchased and seedlings will be started the first week of April. We have a large variety of vegetables, flowers, bulbs, and, house plants all ready to be enjoyed by our community members. We also have composting bins that we will utilize for making our own compost to add to the soil throughout the growing season. We have a variety of hand tools, hoses, gloves, carts, and other equipment that is needed for a successful project.

There will be an open house for the Greenhouse in May or June, as soon as it warms up. All community members are encouraged to attend, and find out how they can become involved in this exciting project. Look for flyers advertising the date of the open house.



Lisa Nicolai Fund Raiser

April 17, 2010

3:00 PM at the Gakona Hall



The Alaska Ablazin Family Camp

Mentasta School

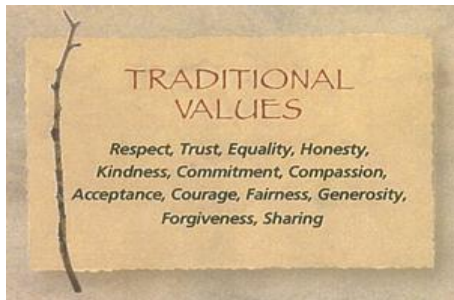
July 22, 2010

The Arkansas Church Group

Mentasta

August 2-5, 2010



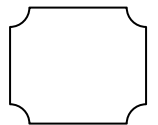


April 2010

- 4/1 - Ted Sanford
- 4/3 - Jennette John
- 4/5 - Stephen John
- 4/7 - Charles David III
- 4/10 - Jena Sinyon
- 4/15 - Irene Johnson
- 4/15 - Mary Sanford
- 4/17 - Stephanie Charley
- 4/22 - Derrick Neal
- 4/22 - Freddy Nicolai Jr
- 4/27 - James Pence
- 4/30 - Kaelyn Charley

May 2010

- 5/1 - Melody Chickallusion
- 5/2 - Anita Adams
- 5/5 - Eddie Nelson
- 5/6 - Jessica Denny
- 5/12 - Dora Buchea
- 5/14 - Laura Hancock
- 5/16 - Michael King Jordon
- 5/18 - Drew Patrick
- 5/21 - Robert John Sr.
- 5/22 - David Springer
- 5/23 - Ernie Charley
- 5/25 - Danielle Boston
- 5/27 - Frieda Sanford
- 5/28 - Larry Sinyon
- 5/31 - Travis Pence



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